

# Learning Fun for Your Little One

## at the grocery store!

- Name the colors you see in the produce section.
- Compare the sizes of the different fruits and vegetables. For instance, a lemon and a grapefruit: which is bigger and which is smaller?
- Find five foods that need to be kept cold.
- Find an example of each food group: dairy, fruits, vegetables, grains, and protein.
- Find a cheese that has holes. What is this cheese called?



## Books to read:



- *Put It on the List* by Kristen Darbyshire
- *I Will Never not Ever Eat a Tomato* by Lauren Child
- *The Very Hungry Caterpillar* by Eric Carle
- *An Apple Pie for Dinner* by Susan VanHecke
- *Peeny Butter Fudge* by Toni and Slade Morrison
- *Zoopa* by Gianna Morino

